



SCAD RESEARCH

SPONTANEOUS CORONARY ARTERY DISSECTION



# SCAD

## Heart Attacks

Are Underdiagnosed and Not Rare



**WOMEN AND MEN ARE TOLD TO CALL 911 IF THEY THINK THEY ARE HAVING A HEART ATTACK.**



**HEART ATTACKS CAN HAPPEN TO ANYONE AT ANY AGE. MORE THAN 15,000 AMERICAN WOMEN YOUNGER THAN 55 DIE OF HEART DISEASE EACH YEAR.**

**PEOPLE WITH SCAD HEART ATTACKS ARE COUNTING ON YOU TO SAVE THEIR LIVES!**



**THE SINGLE MOST IMPORTANT THING THE EMTS CAN DO IS TO LISTEN TO THE SYMPTOMS AND IF THEY SOUND LIKE HEART ATTACK SYMPTOMS, NO MATTER THE GENDER OR AGE OF THE PATIENT, TREAT HER/HIM LIKE ONE. SPEED, SIRENS, AND GO TO A HOSPITAL WITH A CATH LAB!**



**EMTS ARE ON THE FRONT LINES OF SAVING PEOPLE FROM DYING FROM SCAD. OFTEN TIMES WOMEN HAVING SCAD HEART ATTACKS ARE TOLD THEY ARE HAVING ANXIETY OR ACID REFLUX.**



**DAMAGE TO THE HEART CAN START AS SOON AS A PERSON FEELS HEART ATTACK SYMPTOMS.**



**EVERY 30 MINUTES A PATIENT WAITS TO GET HELP DURING A HEART ATTACK CAN TAKE ONE YEAR OFF HER/HIS LIFE.**



**PEOPLE WITH SCAD HEART ATTACKS ARE COUNTING ON YOU TO SAVE THEIR LIVES!**



**THE SOONER PATIENTS GET TREATMENT FOR A HEART ATTACK, THE LESS PERMANENT DAMAGE THEY'LL HAVE TO THEIR HEART MUSCLES.**



**WHILE CHEST PAIN IS THE MOST COMMON SYMPTOM OF A HEART ATTACK IN BOTH WOMEN AND MEN, EACH WOMAN'S SYMPTOMS CAN BE SLIGHTLY DIFFERENT. THAT IS WHY IT IS IMPORTANT TO KNOW THEM ALL.**



A spontaneous coronary artery dissection (SCAD) heart attack is caused when a sudden tear occurs within the layers of one or more arteries to the heart.

SCAD impacts mostly young, healthy women but can also affect men.



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