

Frequently Asked Questions for NJ 5K

Q:	What will the fundraising proceeds be used for?
A:	<p>Most of the funds donated will be directly donated to the most promising SCAD research. Currently, SCAD Research, Inc., is directing research money to Mayo Clinic's SCAD research project in Rochester, MN, under the leadership of Dr. Sharonne Hayes.</p> <p>A very small portion of the funds will be used to pay for organizational overhead such as legal filing fees and 5K expenses. SCAD Research, Inc., is an all-volunteer organization with no paid employees. SCAD Research, Inc., is overseen by a volunteer board of directors.</p> <p>Due to the success of two 5Ks and other donations in 2015, SCAD Research, Inc., was able to donate \$125,000 to Mayo Clinic's SCAD Research Program. Since its inception in 2011, SCAD Research, Inc., has donated \$260,000!</p>
Q:	Is there a registration fee?
A:	There are various registration fees depending on the participant's age.
Q:	Can I raise additional funds?
A:	<p>All registered participants are encouraged, but not required, to form their own team and/or a personal fundraising page through the registration site on First Giving. Participants can then encourage their friends, family members, and business colleagues to sponsor them by donating money directly to through that page.</p> <p>Participants can send the fundraising page link others by email and by posting on social media, including Facebook and LinkedIn.</p> <p>Donations received by cash and check can be handed in at the actual 5K event or by mailing to SCAD Research, Inc.</p>
Q:	If people "sponsor" me, are their names listed? Is their support tax deductible?
A:	<p>Those who want to sponsor you by donating to your fundraising page have the choice to list their name or remain anonymous.</p> <p>Contributions through your fundraising page go directly to SCAD Research, Inc., which is an IRS approved 501(c)(3) charity. Donations for which no goods or services are exchanged are tax deductible to the fullest extent of the law. Donors should consult their tax advisor to determine how the rules apply to their particular case.</p>
Q:	What if I cannot make it to the 5K and I want to contribute?
A:	<p>Even if you cannot attend the 5K on April 30, you can register as a virtual walker and create a fundraising page of your own.</p> <p>You can also donate directly through the SCAD Research, Inc., website.</p>
Q:	How far are we running/walking? What if I can't run/walk that far?
A:	The 5K course is 3.1 miles and is an out and back. Participants may turn around at any time and return to the starting point. We are just glad that you can join us!

Q.	Are strollers and wagons allowed on the 5K course?
A.	While strollers and wagons are allowed on the course, please use your own discretion. Those with strollers/wagons will be asked to line up towards the end of the starting line. Please yield to runners/walkers on the course.
Q.	How is the 5K timed?
A.	We have rented a clock from Ocean County Running Group. Every registered participant will receive a bib and times will be recorded manually by volunteers. Times will be recorded and posted.
Q.	Are there awards/recognition for participants?
A	Awards will be given to the top 3 overall winners regardless of gender, as well as to the top three males and tops 3 females in each of the following age groups: 12 and under, 13-18, 19-29, 30-39, 40 and older.
Q.	What if it rains?
A.	We will have the 5K rain or shine. So, grab your umbrella and raincoats and join us. There are no refunds.
Q:	Who should I contact if I have more questions?
A:	Contact the planning committee at 5Keastcoast@scadresearch.org or contact us through the SCAD Research, Inc., website at scadresearch.org